

Brent Musick, MA, LPC

Supportive Counseling of Tulsa

1221 E. 33rd Street Suite 100

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CLIENT INFORMATION:

| | | | | | |
|--|--|--------------|----------------|---|--|
| Date: | | Name: | | Marital Status: | |
| | | | | Single___ Married___ Divorced ___ Widowed ___ Other ___ | |
| Date of Birth: | | Age: | Gender: | | |
| Home Address (please include <u>Zip</u> for insurance): | | | | | |
| | | | | | |
| Phone: | | | | | |
| Cell: | | | | | |
| Other: | | | | | |
| Email Address: | | | | | |
| | | | | | |
| Emergency Contact: | | | | | |
| Name: | | | | | |
| Relationship: | | | | | |
| Phone #: | | | | | |
| Referral Source (How or from whom did you find out about counseling services?): | | | | | |
| | | | | | |

Current/Previous Mental Health related Medications (medication name, dosage & reason for taking):

Prescribing Physician:

Have you ever been hospitalized for a Mental Health Reason such as suicide attempt, depression, etc? Yes_____ No _____

When?

Where?

Overall Health: (Circle One) Excellent Good Fair Poor

List any changes recently in WEIGHT, APPETITE, IRRITABILITY or SLEEP:

What would you like help with (reason for coming in)?

Client Self Assessment:

| Mental Health | | | | |
|--|---|------------------------------|-----------------------------|---------------------------------------|
| Within the last 60 days (2 months), have you had a significant period in which you have experienced: | | | | |
| 1. | Serious depression (felt sadness, hopelessness, loss of interest, change of appetite or sleep pattern, difficulty going about your daily activities?) | <input type="checkbox"/> Yes | <input type="checkbox"/> No | <input type="checkbox"/> Not Provided |
| 2. | Serious anxiety or tension (felt uptight, worried, and unable to relax)? | <input type="checkbox"/> Yes | <input type="checkbox"/> No | <input type="checkbox"/> Not Provided |
| 3. | Being prescribed medication for psychological/emotional problem? | <input type="checkbox"/> Yes | <input type="checkbox"/> No | <input type="checkbox"/> Not Provided |
| 4. | Thoughts of harming yourself or not wanting to live? | <input type="checkbox"/> Yes | <input type="checkbox"/> No | <input type="checkbox"/> Not Provided |
| 5. | Hallucinations (heard/seen things others don't hear or see)? | <input type="checkbox"/> Yes | <input type="checkbox"/> No | <input type="checkbox"/> Not Provided |
| 6. | An attempted suicide? | <input type="checkbox"/> Yes | <input type="checkbox"/> No | <input type="checkbox"/> Not Provided |

| Substance Abuse | | | | |
|---|---|------------------------------|-----------------------------|---------------------------------------|
| During the past 12 months have you: | | | | |
| 1. | Been preoccupied with drinking alcohol and/or using other drugs/meds? | <input type="checkbox"/> Yes | <input type="checkbox"/> No | <input type="checkbox"/> Not Provided |
| 2. | Tried to stop drinking alcohol and/or using other drugs, but couldn't? | <input type="checkbox"/> Yes | <input type="checkbox"/> No | <input type="checkbox"/> Not Provided |
| 3. | Had problems caused by drinking/using drugs, and you kept using? | <input type="checkbox"/> Yes | <input type="checkbox"/> No | <input type="checkbox"/> Not Provided |
| 4. | Need to drink and/or use more to get the same effect you used to? | <input type="checkbox"/> Yes | <input type="checkbox"/> No | <input type="checkbox"/> Not Provided |
| Trauma | | | | |
| During the past year (12 months) have you: | | | | |
| 1. | Experienced a traumatic event, natural disaster, war, accident, injury, loss of a loved one? | <input type="checkbox"/> Y | <input type="checkbox"/> No | <input type="checkbox"/> Not Provided |
| 2. | Had periods of time where you felt that you could not trust family or friends? | <input type="checkbox"/> Y | <input type="checkbox"/> No | <input type="checkbox"/> Not Provided |
| 3. | Been afraid of your partner and/or a family member? | <input type="checkbox"/> Y | <input type="checkbox"/> No | <input type="checkbox"/> Not Provided |
| 4. | Ever been hit, slapped, kicked, emotionally or sexually hurt, or threatened? | <input type="checkbox"/> Y | <input type="checkbox"/> No | <input type="checkbox"/> Not Provided |
| 5. | Any past trauma in your lifetime ? (I will follow you regarding how much you wish to discuss this and when). | <input type="checkbox"/> Y | <input type="checkbox"/> No | <input type="checkbox"/> Not Provided |

